

## Dr. Deanna Brann, Your In-Law Survival Guide

Deanna Brann, Ph.D., author of the award-winning *Reluctantly Related: Secrets to Getting Along with Your Mother-in-Law or Daughter-in-Law* and her newest release *Reluctantly Related Revisited: Breaking Free of the Mother-in-Law/Daughter-in-Law Conflict*, is the leading expert on mother-in-law/daughter-in-law relationships. Her expertise in this field has also garnered her national media recognition from ABC News, Chicago Tribune, Doctor Radio (Sirius/XM), Jenny McCarthy (Sirius/XM), New York Post, Brides Magazine, Women's Day, Real Simple, Glamour, Huffington Post, and AARP, to name a few who have asked her for clarity and guidance on maneuvering through this challenging, yet fragile relationship. Further Dr. Brann continues to be highly sought both nationally and internationally by women who struggle in the mother-in-law/daughter-in-law relationship for assistance in creating a better and more enjoyable relationship.



Dr Brann holds a Master of Science degree in clinical psychology and a Ph.D. in psychobiological anthropology, and she is a licensed clinical psychotherapist. She has worked in the mental health field for more than 30 years, spending 20 of those years as private practitioner providing individual, marital, and family therapy. She has been a mother-in-law for more than 20 years and a daughter-in-law for more than 17 years.

Through her one-on-one coaching, seminars, and download packages Dr. Brann teaches mothers-in-law and daughters-in-law the techniques for shifting their thinking to a new level, inspiring powerful insights that help them change their in-law relationship for the better. She maintains an interactive website, [www.DrDeannaBrann.com](http://www.DrDeannaBrann.com), that specifically addresses mother-in-law/daughter-in-law issues.

